

Blabbin'



About Business

Lanark, Leeds & Grenville 3rd Annual Business Plan Competition Winners

This year there were 33 business plans competing to win 1 grand prize of \$5,000 and 3 prizes of \$1,000. The winners were announced at an awards luncheon on Feb. 4th, 2010 at the Prescott Golf Club.



The regional business plan winner Restorative Health of Smiths Falls, owned & operated by Dr. Robert Rodine & Dr. Christine Cordick, received the grand prize of \$5,000 from the Eastern Ontario Centre for Advanced Technology (EASTCAT) – St. Lawrence College.

Getjunkaway of Carleton Place, North Stone Farms from Leeds County & Eastern Ontario Computer Consulting from Grenville County, were each awarded \$1,000 from their respective Community Futures Development Corporations.

The competition was open to new businesses or businesses that have been operating for one year or less.

The intent of the annual competition is to provide support for new businesses & encourage economic growth.

The 33 business plans were reviewed by a panel of 5 local judges.

We would like to give a special thank you to our prize sponsors & judges.

The Business Plan Competition is hosted by the Lanark-North Leeds Enterprise Centre and the Leeds & Grenville Small Business Enterprise Centre. The competition was sponsored in part by the Government of Ontario.



The competition was sponsored by:



Prize sponsors:



Did You Know

- Did you know that...On July 1/10 Ontario is introducing a federally administered Harmonized Sales Tax (HST) that will apply to most purchases and transactions.

For more info check out.....

www.cra-arc.gc.ca

- Did you know that...there is an online Lanark - North Leeds Business Directory that you can have your business listed on for free?

Check it out at.....

www.valleycfdc.com

- Did you know that....if you wish to be listed on the directory or wish to make changes to your information that it is as easy as sending an email?

To be listed on the directory or make changes to your current business information

Email.....valley@valley.ca

- Did you know that.....That there is a new Business Information Line for info on business related government programs and services. It is a collaboration between Service Ontario & Industry Canada.

Call 1-888-745-8888



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It's never too early to start thinking about how you will spend next summer.

The LNLEC would like to offer you assistance with your 2010 Summer Company application. The early bird gets the worm!

If you are a student 15-29 years of age returning to school in the fall of 2010 and have a great business idea, Summer Company could be for you.

The Ontario Government offers a program to eligible students to obtain up to \$1,500 in start up costs for their business, and up to an additional \$1,500 upon return to school in the fall of 2010.

Interested students who want to be their own boss this summer, should fill out an application form online at www.ontario.ca/summercompany or contact Shannon at 613-283-7002 ext. 109 to obtain further information and to obtain help with the application process.

Seminar Schedule

Starting your Business "Tax Tips & Planning Opportunities"

Date: Feb. 23/10
Time: 9:30 am – 11:30 am
Speaker: Janet Foster, CP Barrow
Cost: \$10.00

Success through Service (Part 1)

Date: Mar. 3/10
Time: 6:00 pm – 8:30 pm
Speaker: Jennifer Debruin
Cost: \$15.00 (including Part 1 & 2)

Success through Service (Part 2)

Date: Mar. 10 /10
Time: 6:00 pm – 8:30 pm
Cost: Paid for in 1st session

Transition to Harmonized Sales Tax- Information for Businesses

Date: Apr. 8/10
Time: 9:00 am – 11:00 am
Speaker: CRA
Cost: Free



Business Empowerment- An Integrated Approach to Business

Date: Apr. 15/10
Time: 9:30 am – 12:30 pm
Speaker: Janice Walter
Cost: \$10.00

Knowledge is Power- Using Intellectual Property to Secure your Knowledge & Rights in Business

Date: Apr. 22/10
Time: 10:00 am – 12:00 pm
Speaker: Adrian O'Donnell
Cost: \$10.00

Relationship Marketing

Date: Apr. 29/10
Time: 9:30 am – 12:30 pm
Speaker: Jennifer Debruin
Cost: \$10.00

Transition to Harmonized Sales Tax- Information for Businesses

Date: May 13/10
Time: 6:00 pm – 8:00 pm
Speaker: CRA
Cost: Free

Creative Thinking for Business

Date: May 20/10
Time: 9:30 am – 12:30 pm
Speaker: Jennifer Debruin
Cost: \$10.00

Free Promotion = Money in Your Pocket

The Lanark - North Leeds Enterprise Centre wants to help you promote your small business without spending your money, with the "Feature Business of the Month" section of our website.

Each month we feature a different business to help

promote our local economy, and the best part is...it's free!

All you have to do is, provide us with a few paragraphs about your small business along with a photo or a logo, and we'll do the rest!



"Business is lousy. Maybe I should have done more market research first."